

Charting Your Course

Prep Work - Pages 1-3 - Do ahead of time if possible

In this workshop, we are going to cover 3 areas:

1. Your word of the year
2. Your personal seasons/calendar w/major dates and themes (created with the assistance of your astrological houses)
3. Major moon phases and placements in 2023

With this information, you will create a personal calendar to help you identify your personal seasons and what energies are supported by nature/cosmic alignments throughout the year. Using this calendar and the information provided about the lunar cycles/dates, you can create rituals or bring awareness to the areas of your chart that are highlighted at these times to use as journal prompts or areas of contemplation.

What you will need:

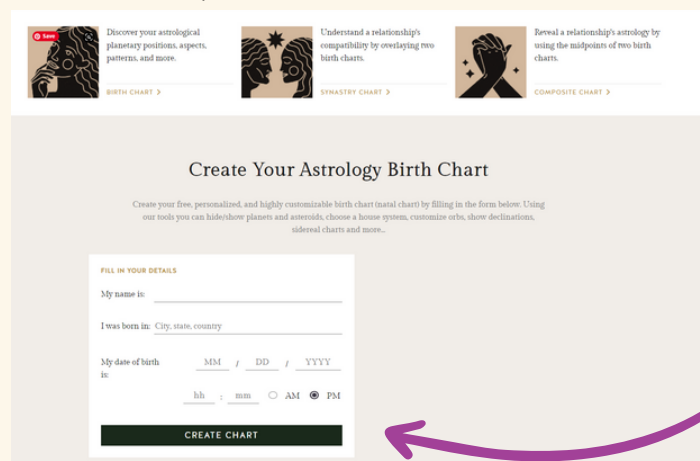
- Your birth date, exact time (or your closest educated estimate), and location
- A printed copy of this workbook or a journal/notebook and pen

Birth date:

Birth time:

City, State (province, etc.), Country:

You will need to create a natal chart for yourself with this information. I prefer the website www.astro-charts.com for this and have provided screenshots from that site as examples.

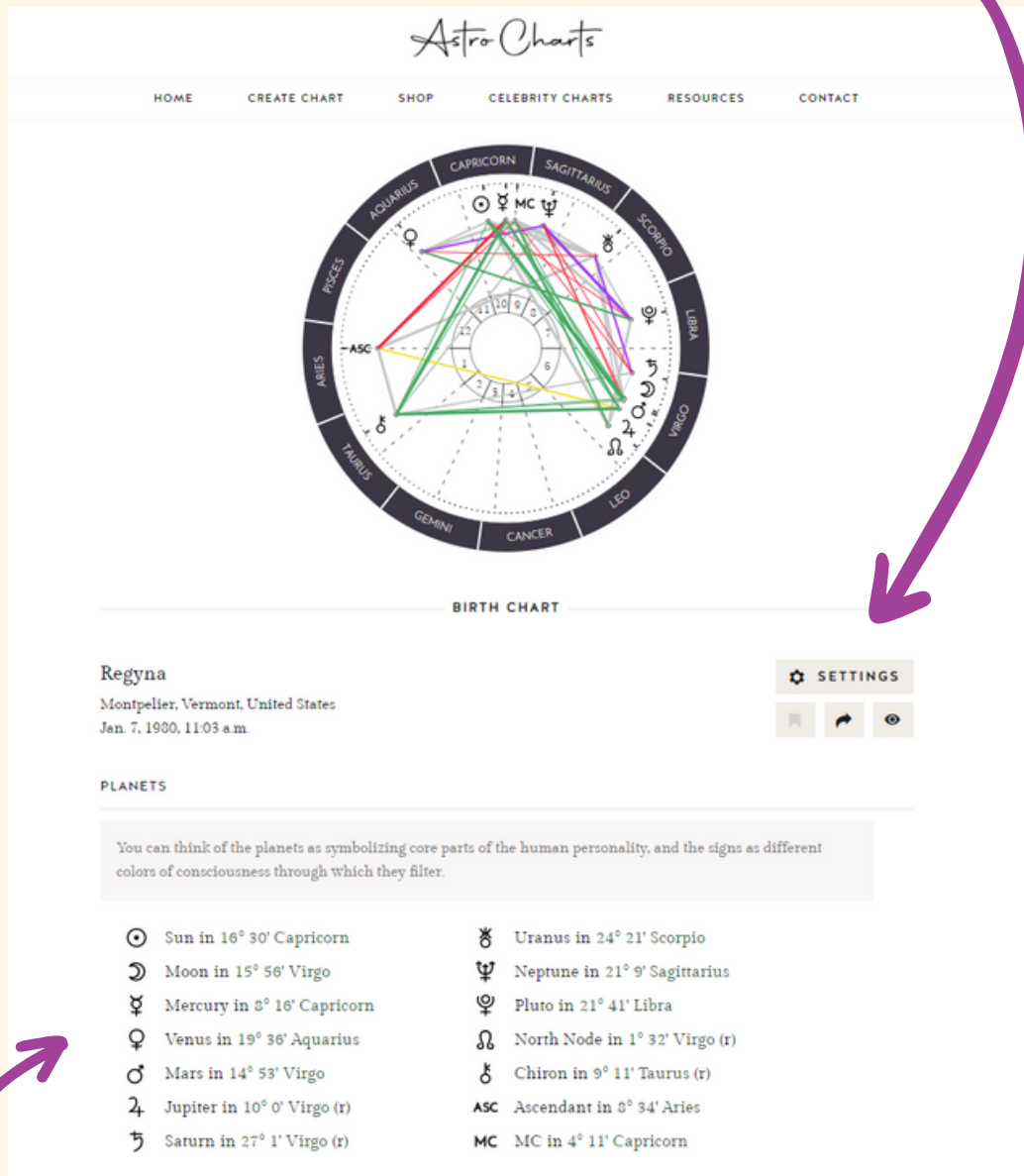


This is what you will see when you arrive at their site. Enter the information that you gathered above making sure to click the correct button for AM/PM.

Then click the button that says **CREATE CHART**.

Make sure to save your chart so you have it for future use!

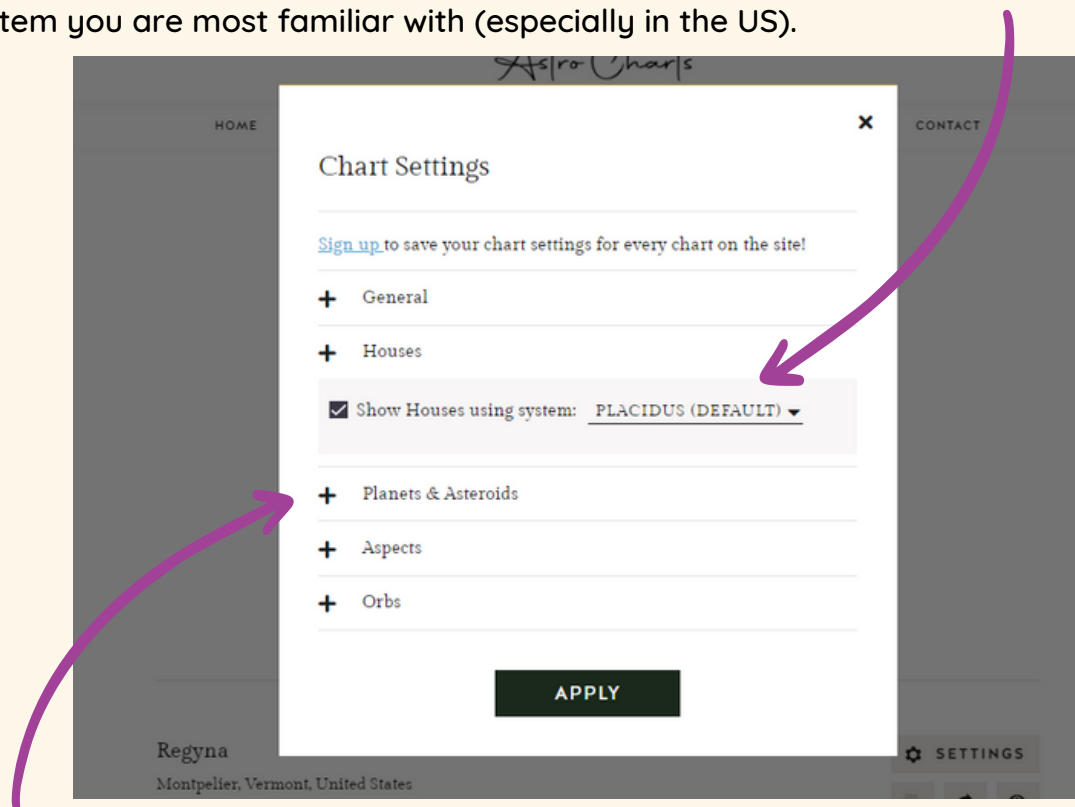
You will next see a page that looks like this. You will need to click on settings and choose which house system to display. If you are not already familiar with this and using a system such as Whole Signs, then I recommend choosing Placidus.



These are your planetary placements. We are not going to dive too deep into these in this workshop as we are mostly going to look at the dates and themes of your houses. Your houses are indicated by the pie shaped sections and the numbers in the inner ring.

It is worth noting which houses have personal planets in them (Sun, Moon, Mercury, Venus, and Mars) as you are likely to feel these more significantly.

Once you click on Settings, expand the section that says Houses with the + and choose your option. Placidus is the system that I use personally. It is likely the system you are most familiar with (especially in the US).



I also like to see where my North Node is. If you are interested in that, you can add it to your chart by expanding the Planets & Asteroids section, but this is not necessary for the purposes of this workshop.

The MOST IMPORTANT thing you will need for this workshop is all the way at the bottom of the page and looks like this. It is the list of degree points where each house in your chart begins.

HOUSES

Chart houses split the chart into twelve realms, beginning from the Ascendant, which add another dimension of themes corresponding to the signs starting from Aries.

1 st House starts at 3° Aries (Containing Chiron)	7 th House starts at 3° Libra (Containing Pluto)
2 nd House starts at 13° Taurus	8 th House starts at 13° Scorpio (Containing Uranus)
3 rd House starts at 13° Gemini	9 th House starts at 13° Sagittarius (Containing Neptune)
4 th House starts at 4° Cancer	10 th House starts at 4° Capricorn (Containing Sun and Mercury)
5 th House starts at 25° Cancer	11 th House starts at 25° Capricorn (Containing Venus)
6 th House starts at 22° Leo (Containing Moon, Mars, Jupiter, Saturn and North Node)	12 th House starts at 22° Aquarius



Part 1: Your word of the year

A framework for working with your word of the year:

1. Set your intention
2. Choose a supportive action
3. Work with an aligned question for contemplation

Here is an example using mine for 2023:

Intention: To play with how I can EVOLVE

Supportive Action: Engage in activities where I can see MEASURED PROGRESS

Question for Contemplation: HOW CAN I EVOLVE WITH/IN THIS (moment, relationship, experience, challenge, etc.)?

What is your word of the year? This will act as the overarching theme or lens through which you can observe your journey and work with your calendar and moon reflections.

Intention:

Supportive Action:

Question for Contemplation:

Part 2: Your Personal Seasons/Calendar

This is where we need to reference the information you found in your natal chart. Have this information in front of you or fill in the chart below:

HOUSES

Chart houses split the chart into twelve realms, beginning from the Ascendant, which add another dimension of themes corresponding to the signs starting from Aries.

1 st House starts at 0° Aries (Containing Chiron)	7 th House starts at 8° Libra (Containing Pluto)
2 nd House starts at 10° Taurus	8 th House starts at 18° Scorpio (Containing Uranus)
3 rd House starts at 13° Gemini	9 th House starts at 13° Sagittarius (Containing Neptune)
4 th House starts at 4° Cancer	10 th House starts at 4° Capricorn (Containing Sun and Mercury)
5 th House starts at 25° Cancer	11 th House starts at 25° Capricorn (Containing Venus)
6 th House starts at 22° Leo (Containing Moon, Mars, Jupiter, Saturn and North Node)	12 th House starts at 22° Aquarius

° of and (sign) are found here - the very bottom of your chart page on astro-charts.com

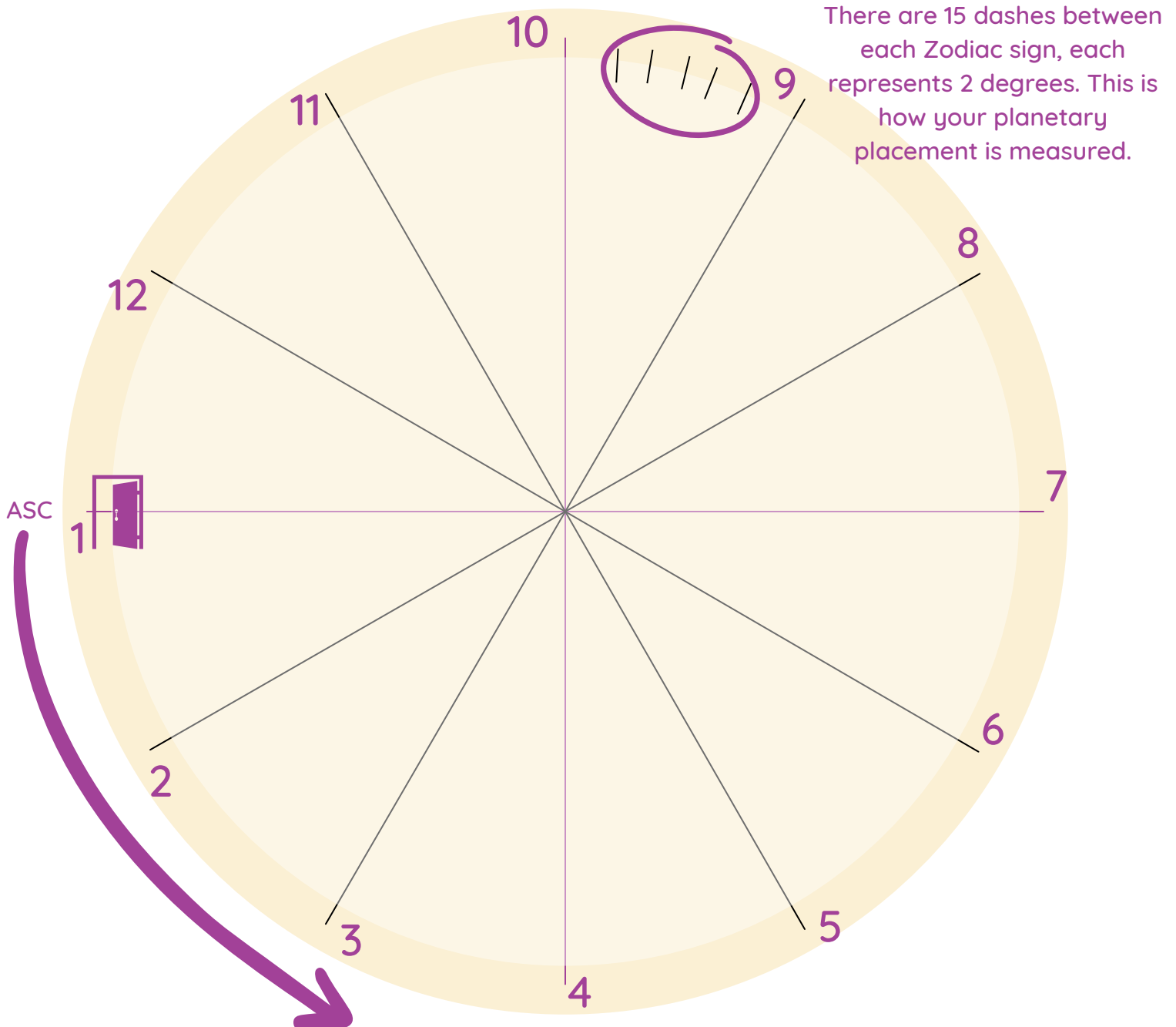
The beginning date for each house is found using the guide on pages 9-11

Spring
Summer
Fall
Winter

1st House starts at	_____ ° of _____	(sign)	_____ (date)
2nd House starts at	_____ ° of _____	(sign)	_____ (date)
3rd House starts at	_____ ° of _____	(sign)	_____ (date)
4th House starts at	_____ ° of _____	(sign)	_____ (date)
5th House starts at	_____ ° of _____	(sign)	_____ (date)
6th House starts at	_____ ° of _____	(sign)	_____ (date)
7th House starts at	_____ ° of _____	(sign)	_____ (date)
8th House starts at	_____ ° of _____	(sign)	_____ (date)
9th House starts at	_____ ° of _____	(sign)	_____ (date)
10th House starts at	_____ ° of _____	(sign)	_____ (date)
11th House starts at	_____ ° of _____	(sign)	_____ (date)
12th House starts at	_____ ° of _____	(sign)	_____ (date)



Ascendant: Your Entry Point / First Perspective

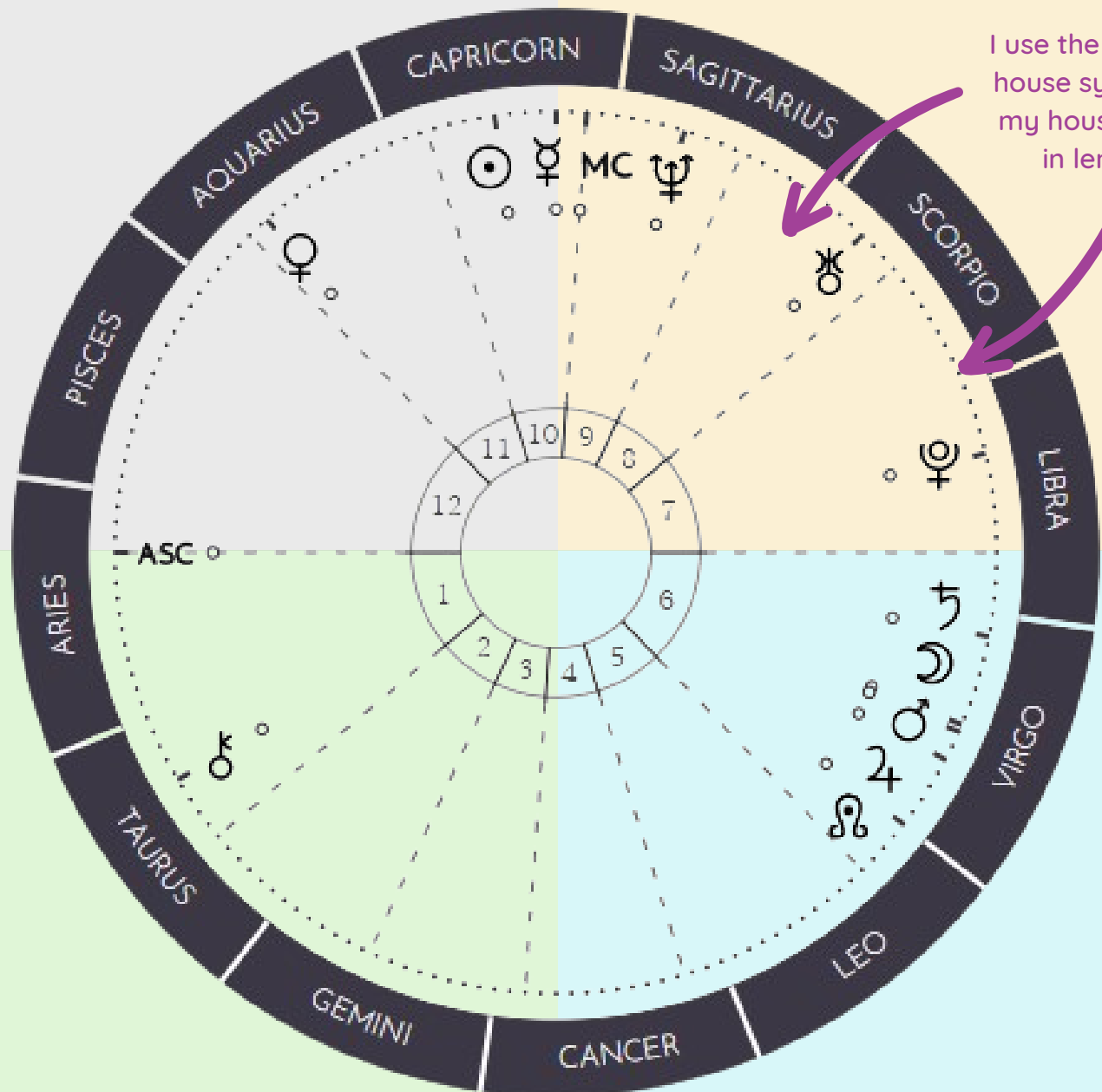


You read your natal chart
in a counterclockwise direction

Here's Regyna's chart as an example:

Winter

Fall



I use the Placidus house system so my houses vary in length.

Spring

Summer

Regyna's ascendant happens to be Aries, so my chart is lined up with the placement of the Zodiac pretty closely. This is not always the case.



Finding Your Dates

Now we need to find the dates that coordinate with the degree points on your chart. Each year, the sun takes a full trip through the Zodiac, just as you do. We all collectively travel through the Zodiac along the same path that the sun travels, but we are not all experiencing the energies available to us through the same lens.

Remember that you enter into the Zodiac from the point of your Ascendant, not your sun sign. By observing your personal calendar and the seasonal energies/house themes that you are experiencing throughout the year with those that we are all traveling through collectively, you can find powerful points of support and understand where there may be more resistance or tension to navigate.

The dates below align with the dates that each Zodiac sign begins on the Gregorian calendar (the annual calendar that most humans live and work by) and each season aligns with the solstice and equinox dates as we know them. You may notice that there are 360° on the Zodiac chart and 364 (365 in a leap year) on the Gregorian calendar, so it's not an exact match. I invite you to engage with an awareness that nature does not follow the rules of time as we have created them.

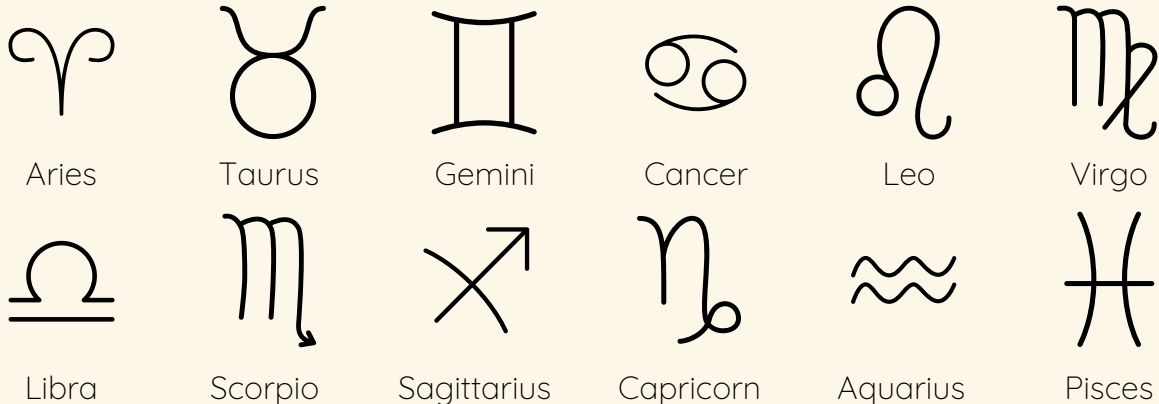
A good rule to follow is that any transition or phase energies are generally strongest for a 3-day period, so you can work with them the day before, the day of, and the day after they are noted on your calendar. On either side of that, they will begin to fade and give way to the prior or subsequent energy that is building.

Now it's a matter of filling in the blanks. Using the information you filled out on page 5 (the degree point and sign where the beginning of each of your houses starts), reference the index below on pages 9-11 to find the date that correlates with each degree point. Know that the first day of one house also marks the last day of the previous house. Then add these dates to the chart on page 16.

Once you have the dates noted for the first day of each house, you can add the duration of each season by noting the start and end dates. Remember that the beginning of one season also marks the end of the last.

Notice that the order of the houses/seasons mirrors how they are viewed on your natal chart, so pay attention as you fill them in. The seasons are marked consistently throughout this workbook with colors to help with this process.

It is important to note that the symbols for each Zodiac sign are often stylized slightly differently depending on who draws them. Some look very similar to each other like Virgo and others tend to show up looking very different on various platforms; I find this to be most true with the Capricorn symbol. So I've added an index here for you to reference in how I will use them in this workbook.



Aries

0° Aries = Mar 21

1° Aries = Mar 22

2° Aries = Mar 23

3° Aries = Mar 24

4° Aries = Mar 25

5° Aries = Mar 26

6° Aries = Mar 27

7° Aries = Mar 28

8° Aries = Mar 29

9° Aries = Mar 30

10° Aries = Mar 31

11° Aries = Apr 1

12° Aries = Apr 2

13° Aries = Apr 3

14° Aries = Apr 4

15° Aries = Apr 5

16° Aries = Apr 6

17° Aries = Apr 7

18° Aries = Apr 8

19° Aries = Apr 9

20° Aries = Apr 10



Taurus

21° Aries = Apr 11

22° Aries = Apr 12

23° Aries = Apr 13

24° Aries = Apr 14

25° Aries = Apr 15

26° Aries = Apr 16

27° Aries = Apr 17

28° Aries = Apr 18

29° Aries = Apr 19

0° Taurus = Apr 20

1° Taurus = Apr 21

2° Taurus = Apr 22

3° Taurus = Apr 23

4° Taurus = Apr 24

5° Taurus = Apr 25

6° Taurus = Apr 26

7° Taurus = Apr 27

8° Taurus = Apr 28

9° Taurus = Apr 29

10° Taurus = Apr 30

11° Taurus = May 2

12° Taurus = May 3

13° Taurus = May 4

14° Taurus = May 5

15° Taurus = May 6

16° Taurus = May 7

17° Taurus = May 8

18° Taurus = May 9

19° Taurus = May 10

20° Taurus = May 11

21° Taurus = May 12

22° Taurus = May 13

23° Taurus = May 14

24° Taurus = May 15

25° Taurus = May 16

26° Taurus = May 17

27° Taurus = May 18

28° Taurus = May 19

29° Taurus = May 20



Gemini

0° Gem. = May 21

1° Gem. = May 22

2° Gem. = May 23

3° Gem. = May 24

4° Gem. = May 25

5° Gem. = May 26

6° Gem. = May 27

7° Gem. = May 28

8° Gem. = May 29

9° Gem. = May 30

10° Gem. = May 31

11° Gem. = Jun 2

12° Gem. = Jun 3

13° Gem. = Jun 4

14° Gem. = Jun 5

15° Gem. = Jun 6

16° Gem. = Jun 7

17° Gem. = Jun 8

18° Gem. = Jun 9

19° Gem. = Jun 10

20° Gem. = Jun 11

Gemini

21° Gem. = Jun 12
22° Gem. = Jun 13
23° Gem. = Jun 14
24° Gem. = Jun 15
25° Gem. = Jun 16
26° Gem. = Jun 17
27° Gem. = Jun 18
28° Gem. = Jun 19
29° Gem. = Jun 20

Cancer

0° Canc. = Jun 21
1° Canc. = Jun 22
2° Canc. = Jun 23
3° Canc. = Jun 24
4° Canc. = Jun 25
5° Canc. = Jun 26
6° Canc. = Jun 27
7° Canc. = Jun 28
8° Canc. = Jun 29
9° Canc. = Jul 1
10° Canc. = Jul 2
11° Canc. = Jul 3
12° Canc. = Jul 4
13° Canc. = Jul 5
14° Canc. = Jul 6
15° Canc. = Jul 7
16° Canc. = Jul 8
17° Canc. = Jul 9
18° Canc. = Jul 11
19° Canc. = Jul 12
20° Canc. = Jul 13
21° Canc. = Jul 14
22° Canc. = Jul 15
23° Canc. = Jul 16
24° Canc. = Jul 17
25° Canc. = Jul 18

26° Canc. = Jul 19
27° Canc. = Jul 20
28° Canc. = Jul 21
29° Canc. = Jul 22

Leo

0° Leo = Jul 23
1° Leo = Jul 24
2° Leo = Jul 25
3° Leo = Jul 26
4° Leo = Jul 27
5° Leo = Jul 28
6° Leo = Jul 29
7° Leo = Jul 30
8° Leo = Aug 1
9° Leo = Aug 2
10° Leo = Aug 3
11° Leo = Aug 4
12° Leo = Aug 5
13° Leo = Aug 6
14° Leo = Aug 7
15° Leo = Aug 8
16° Leo = Aug 9
17° Leo = Aug 10
18° Leo = Aug 11
19° Leo = Aug 12
20° Leo = Aug 13
21° Leo = Aug 14
22° Leo = Aug 15
23° Leo = Aug 16
24° Leo = Aug 17
25° Leo = Aug 18
26° Leo = Aug 19
27° Leo = Aug 20
28° Leo = Aug 21
29° Leo = Aug 22

Virgo

0° Virgo = Aug 23
1° Virgo = Aug 24
2° Virgo = Aug 25
3° Virgo = Aug 26
4° Virgo = Aug 27
5° Virgo = Aug 28
6° Virgo = Aug 29
7° Virgo = Aug 30
8° Virgo = Aug 31
9° Virgo = Sep 2
10° Virgo = Sep 3
11° Virgo = Sep 4
12° Virgo = Sep 5
13° Virgo = Sep 6
14° Virgo = Sep 7
15° Virgo = Sep 8
16° Virgo = Sep 9
17° Virgo = Sep 10
18° Virgo = Sep 11
19° Virgo = Sep 12
20° Virgo = Sep 13
21° Virgo = Sep 14
22° Virgo = Sep 15
23° Virgo = Sep 16
24° Virgo = Sep 17
25° Virgo = Sep 18
26° Virgo = Sep 19
27° Virgo = Sep 20
28° Virgo = Sep 21
29° Virgo = Sep 22

Libra

0° Libra = Sep 23
1° Libra = Sep 24
2° Libra = Sep 25
3° Libra = Sep 26
4° Libra = Sep 27

5° Libra = Sep 28
6° Libra = Sep 29
7° Libra = Sep 30
8° Libra = Oct 1
9° Libra = Oct 2
10° Libra = Oct 3
11° Libra = Oct 4
12° Libra = Oct 5
13° Libra = Oct 6
14° Libra = Oct 7
15° Libra = Oct 8
16° Libra = Oct 9
17° Libra = Oct 10
18° Libra = Oct 11
19° Libra = Oct 12
20° Libra = Oct 13
21° Libra = Oct 14
22° Libra = Oct 15
23° Libra = Oct 16
24° Libra = Oct 17
25° Libra = Oct 18
26° Libra = Oct 19
27° Libra = Oct 20
28° Libra = Oct 21
29° Libra = Oct 22

Scorpio

0° Scor. = Oct 23
1° Scor. = Oct 24
2° Scor. = Oct 25
3° Scor. = Oct 26
4° Scor. = Oct 27
5° Scor. = Oct 28
6° Scor. = Oct 29
7° Scor. = Oct 30
8° Scor. = Oct 31

♏ Scorpio

9° Scor. = Nov 1
 10° Scor. = Nov 2
 11° Scor. = Nov 3
 12° Scor. = Nov 4
 13° Scor. = Nov 5
 14° Scor. = Nov 6
 15° Scor. = Nov 7
 16° Scor. = Nov 8
 17° Scor. = Nov 9
 18° Scor. = Nov 10
 19° Scor. = Nov 11
 20° Scor. = Nov 12
 21° Scor. = Nov 13
 22° Scor. = Nov 14
 23° Scor. = Nov 15
 24° Scor. = Nov 16
 25° Scor. = Nov 17
 26° Scor. = Nov 18
 27° Scor. = Nov 19
 28° Scor. = Nov 20
 29° Scor. = Nov 21

♐ Sagittarius

0° Sag. = Nov 22
 1° Sag. = Nov 23
 2° Sag. = Nov 24
 3° Sag. = Nov 25
 4° Sag. = Nov 26
 5° Sag. = Nov 27
 6° Sag. = Nov 28
 7° Sag. = Nov 29
 8° Sag. = Nov 30
 9° Sag. = Dec 1
 10° Sag. = Dec 2
 11° Sag. = Dec 3
 12° Sag. = Dec 4

13° Sag. = Dec 5
 14° Sag. = Dec 6
 15° Sag. = Dec 7
 16° Sag. = Dec 8
 17° Sag. = Dec 9
 18° Sag. = Dec 10
 19° Sag. = Dec 11
 20° Sag. = Dec 12
 21° Sag. = Dec 13
 22° Sag. = Dec 14
 23° Sag. = Dec 15
 24° Sag. = Dec 16
 25° Sag. = Dec 17
 26° Sag. = Dec 18
 27° Sag. = Dec 19
 28° Sag. = Dec 20
 29° Sag. = Dec 21

♑ Capricorn

0° Cap. = Dec 22
 1° Cap. = Dec 23
 2° Cap. = Dec 24
 3° Cap. = Dec 25
 4° Cap. = Dec 26
 5° Cap. = Dec 27
 6° Cap. = Dec 28
 7° Cap. = Dec 29
 8° Cap. = Dec 30
 9° Cap. = Dec 31
 10° Cap. = Jan 1
 11° Cap. = Jan 2
 12° Cap. = Jan 3
 13° Cap. = Jan 4
 14° Cap. = Jan 5
 15° Cap. = Jan 6
 16° Cap. = Jan 7
 17° Cap. = Jan 8
 18° Cap. = Jan 9

19° Cap. = Jan 10
 20° Cap. = Jan 11
 21° Cap. = Jan 12
 22° Cap. = Jan 13
 23° Cap. = Jan 14
 24° Cap. = Jan 15
 25° Cap. = Jan 16
 26° Cap. = Jan 17
 27° Cap. = Jan 18
 28° Cap. = Jan 18
 29° Cap. = Jan 19

♒ Aquarius

0° Aqua. = Jan 20
 1° Aqua. = Jan 21
 2° Aqua. = Jan 22
 3° Aqua. = Jan 23
 4° Aqua. = Jan 24
 5° Aqua. = Jan 25
 6° Aqua. = Jan 26
 7° Aqua. = Jan 27
 8° Aqua. = Jan 28
 9° Aqua. = Jan 29
 10° Aqua. = Jan 30
 11° Aqua. = Jan 31
 12° Aqua. = Feb 1
 13° Aqua. = Feb 2
 14° Aqua. = Feb 3
 15° Aqua. = Feb 4
 16° Aqua. = Feb 5
 17° Aqua. = Feb 6
 18° Aqua. = Feb 7
 19° Aqua. = Feb 8
 20° Aqua. = Feb 9
 21° Aqua. = Feb 10
 22° Aqua. = Feb 11
 23° Aqua. = Feb 12
 24° Aqua. = Feb 13
 25° Aqua. = Feb 14

26° Aqua. = Feb 15
 27° Aqua. = Feb 16
 28° Aqua. = Feb 17
 29° Aqua. = Feb 18

♓ Pisces

0° Pisc. = Feb 19
 1° Pisc. = Feb 20
 2° Pisc. = Feb 21
 3° Pisc. = Feb 22
 4° Pisc. = Feb 23
 5° Pisc. = Feb 24
 6° Pisc. = Feb 25
 7° Pisc. = Feb 26
 8° Pisc. = Feb 27
 9° Pisc. = Feb 28
 10° Pisc. = Mar 1
 11° Pisc. = Mar 2
 12° Pisc. = Mar 3
 13° Pisc. = Mar 4
 14° Pisc. = Mar 5
 15° Pisc. = Mar 6
 16° Pisc. = Mar 7
 17° Pisc. = Mar 8
 18° Pisc. = Mar 9
 19° Pisc. = Mar 10
 20° Pisc. = Mar 11
 21° Pisc. = Mar 12
 22° Pisc. = Mar 13
 23° Pisc. = Mar 14
 24° Pisc. = Mar 15
 25° Pisc. = Mar 16
 26° Pisc. = Mar 17
 27° Pisc. = Mar 18
 28° Pisc. = Mar 19
 29° Pisc. = Mar 20



Part 3: 2023 Lunar Cycles & Themes

If you are new to working with your astrological houses and themes, you may choose to focus only on that piece for this year. If you want to take your practice one step deeper, you can bring awareness to the moon cycles and how they align with your personal calendar.

I think of it this way: your houses tell you the season you are traversing and what the weather will be like as you move through each house. Just like in nature, each season inherently holds different energies and therefore supports us collectively and individually as we engage with them. For instance, we may feel more withdrawn in the winter and energized in the summer, etc. However, if our personal seasons are aligned differently that can cause us to feel weird or like something is wrong with us because we are not experiencing the same thing as (it seems) everyone else is.

The houses are like a weather report. The themes tell you what you can expect there to be a focus on and how you can best prepare. The moon illuminates these energies and supports us in deepening our understanding, releasing, and setting intentions for how we want to work with these themes as we move through our journey and bring our dreams into reality.

Each of the moon phases has significance and supports us energetically in a different way. Just as the sun goes through the entire Zodiac and nature goes through all four seasons each year, we have seen that we traverse a similar journey through our astrological houses.

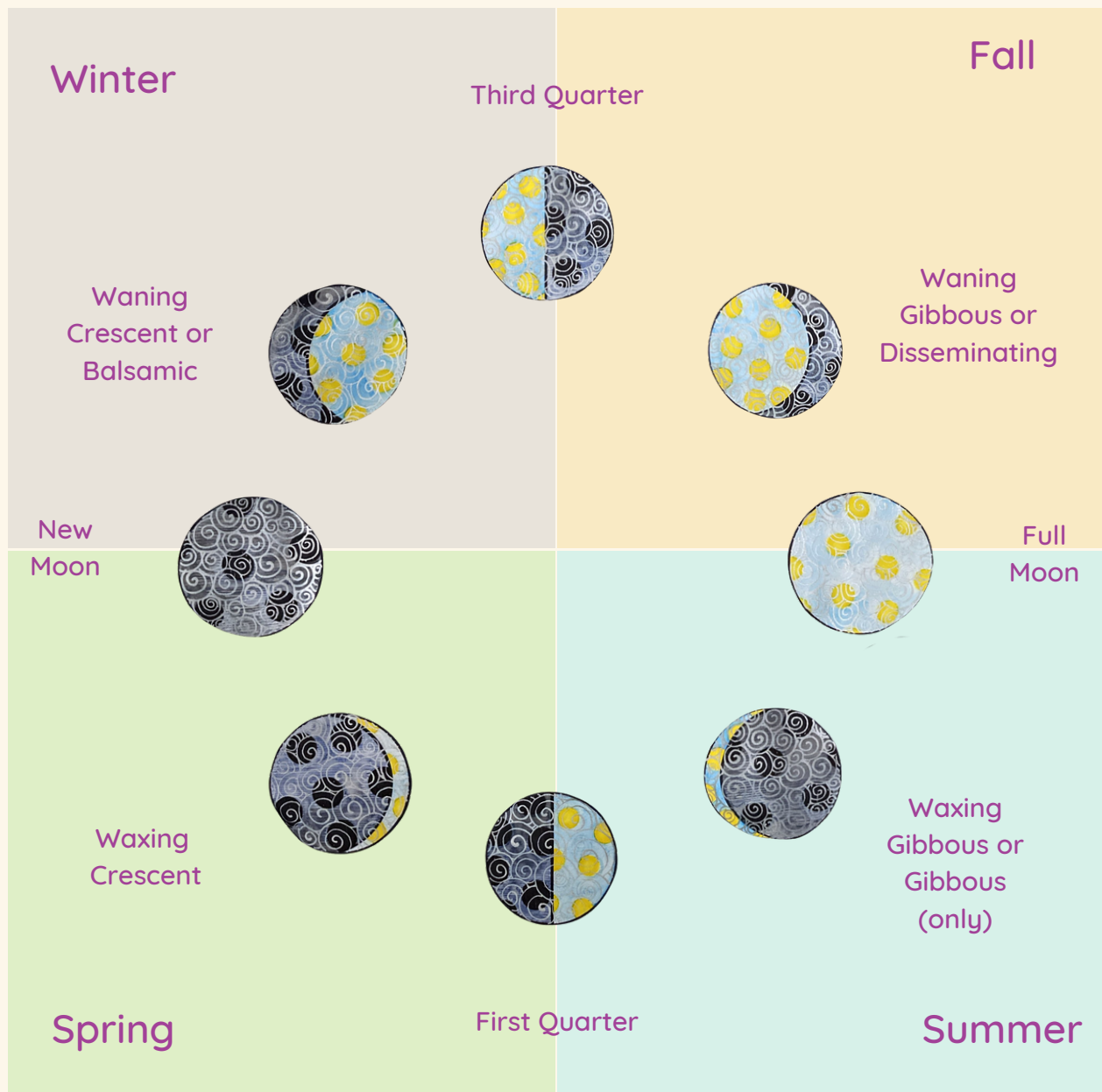
The moon also takes this journey, yet she moves at a quicker pace and journeys through each season about every 28 days.

The two most common energies to work with are the full moon and the new moon.

The new moon is a great time for setting new intentions and dreaming of the possibilities available to you while the full moon illuminates all that we've created and invites us to review, release, and move forward with intention.

Moons Phases

This image shows the moon phases and their names. Just as springtime signals new beginnings and life, so does the new moon. The full moon is when we have an opportunity to review what we've created and decide how we want to move forward.





Full Moons of 2023

Note these were calculated in the Central timezone so the date could alter by one day if you are in a different time zone. Remember that the energy is vibrant for 3 days, so engage with an open mind and trust your intuitive knowing. **Moons with an eclipse have been highlighted.**

January

Jan 6 at 16° of Cancer

This is in my House:

February

Feb 5 at 16° of Leo

This is in my House:

March

Mar 7 at 16° of Virgo

This is in my House:

April

Apr 5 at 16° of Libra

This is in my House:

May

May 5 at 14° of Scorpio

This is in my House:

June

Jun 3 at 13° of Sagittarius

This is in my House:

July

Jul 3 at 11° of Capricorn

This is in my House:

August

Aug 1 at 9° of Aquarius

This is in my House:

Aug 30 at 7° of Pisces

This is in my House:

September

Sep 29 at 6° of Aries

This is in my House:

October

Oct 28 at 5° of Taurus

This is in my House:

November

Nov 27 at 4° of Gemini

This is in my House:

December

Dec 26 at 4° of Cancer

This is in my House:



New Moons of 2023

January

Jan 21 at 1° of Aquarius

This is in my House:

February

Feb 20 at 1° of Pisces

This is in my House:

March

Mar 21 at 0° of Aries

This is in my House:

April

Apr 19 at 29° of Aries

This is in my House:

May

May 19 at 28° of Taurus

This is in my House:

June

Jun 17 at 26° of Gemini

This is in my House:

July

Jul 17 at 24° of Cancer

This is in my House:

August

Aug 16 at 23° of Leo

This is in my House:

September

Sep 14 at 21° of Virgo

This is in my House:

October

Oct 14 at 21° of Libra

This is in my House:

November

Nov 13 at 20° of Scorpio

This is in my House:

December

Dec 12 at 20° of Sagittarius

This is in my House:

Now add these dates to page 11 and you have your complete calendar with your personal seasons identified as well as your most powerful dates for reflection and transformation. Page 17 is an optional template to play with as well.

Pages 18-21 can act as a reference guide/weather report as you move through the year and also help you to create rituals or provide journal prompts during new and full moons.

Full Moon Prompts: What am I releasing? What is now clear? Where do I feel vulnerable?

New Moon Prompts: What do I want to create? What is my next best step? Where can I grow/evolve?

The start of Winter is the same date as the first day of your 10th House. The end of Winter is the first day of your 1st House.

The start of Fall is the same date as the first day of your 7th House. The end of Fall is the first day of your 10th House.

Winter in Nature

Start: 12/21
End: 3/20

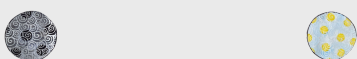
Fall in Nature

Start: 9/22
End: 12/21

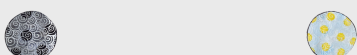
My Winter

Start:
End:

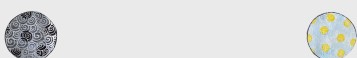
House 10 Starts On:



House 11 Starts On:



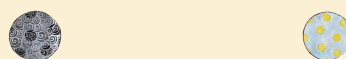
House 12 Starts On:



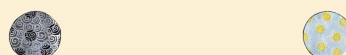
My Fall

Start:
End:

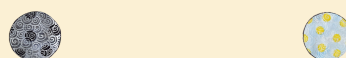
House 7 Starts On:



House 8 Starts On:



House 9 Starts On:



The start of Spring is the same date as the first day of your 1st House. The end of Spring is the first day of your 4th House.

The start of Summer is the same date as the first day of your 4th House. The end of Summer is the first day of your 7th House.

Spring in Nature

Start: 3/20
End: 6/21

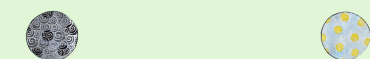
Summer in Nature

Start: 6/21
End: 9/22

My Spring

Start:
End:

House 1 Starts On:



House 2 Starts On:



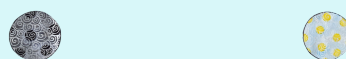
House 3 Starts On:



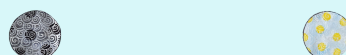
My Summer

Start:
End:

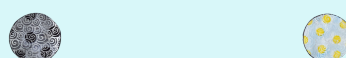
House 4 Starts On:

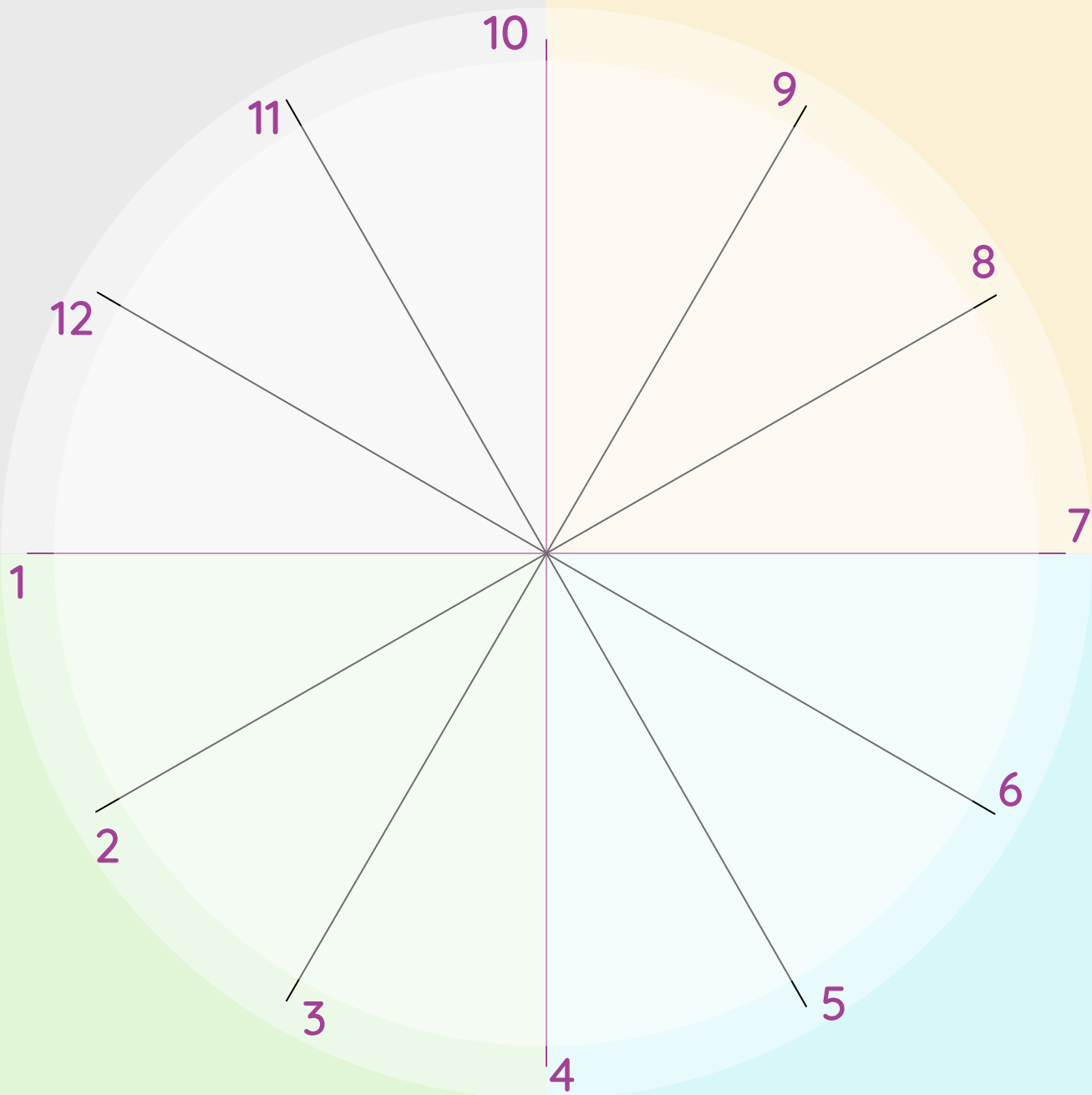


House 5 Starts On:



House 6 Starts On:







Spring: The Quadrant of Self

Ongoing Spring Themes: Awakening

- Rebirth
- Clarity
- Potential
- Freedom
- Rediscovery
- Anticipation

Energy is Focused: Inward

Bring Awareness to: Your Internal Responses

House 1 Themes: House of The Self (Seeing the Sun, Being)

- The Image You Project
- First Impressions
- How You Start Things
- Defense Mechanisms
- Physical Appearance
- Tension in Relationships
- Excitement
- Vulnerability

Contemplation: Who am I becoming?

House 2 Themes: House of The Gatherer (Putting Down Roots, Resources)

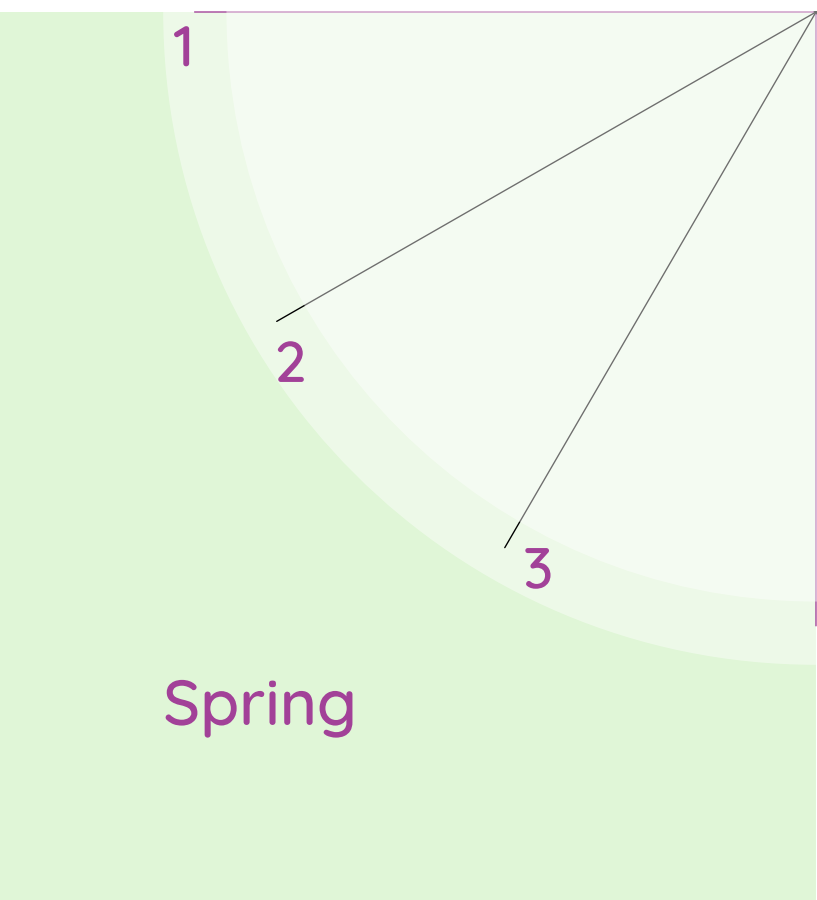
- Self-Worth
- Values
- Personal Possessions
- Security
- Your Physical Environment
- Needs
- Gathering Supplies
- Sense of Urgency

Contemplation: What do I need to feel safe?

House 3 Themes: House of The Student (Exploratory Growth, Wisdom)

- Communication
- Language / Vocabulary
- Siblings or Neighbors
- Thoughts
- Doubts
- Curiosity
- Learning
- Patience

Contemplation: What can I learn from this moment?





The Quadrant of Ancestry

House 4 Themes: House of The Family (Pruning and Weeding, Interconnedness)

- Instinct
- Ancestry
- Connection to Your past
- Divine Feminine
- Refining with Intention
- Decisions
- Home
- Legacy

Contemplation: How did I arrive here?

House 5 Themes: House of The Child (Creative Growth, Playfulness)

- Self-Expression
- Creativity
- Pleasure
- Fun
- Quality & Adornment
- Luxurious Self-Care/Pampering
- Spontaneity
- Presence

Contemplation: What will bring me joy right now?

House 6 Themes: House of The Healer (Budding and Flowering, Soul)

- Wellbeing
- Daily rituals
- Exploring Meaning or Significance
- Masterful Creation
- Productivity
- Body Wisdom
- Purpose
- Patience

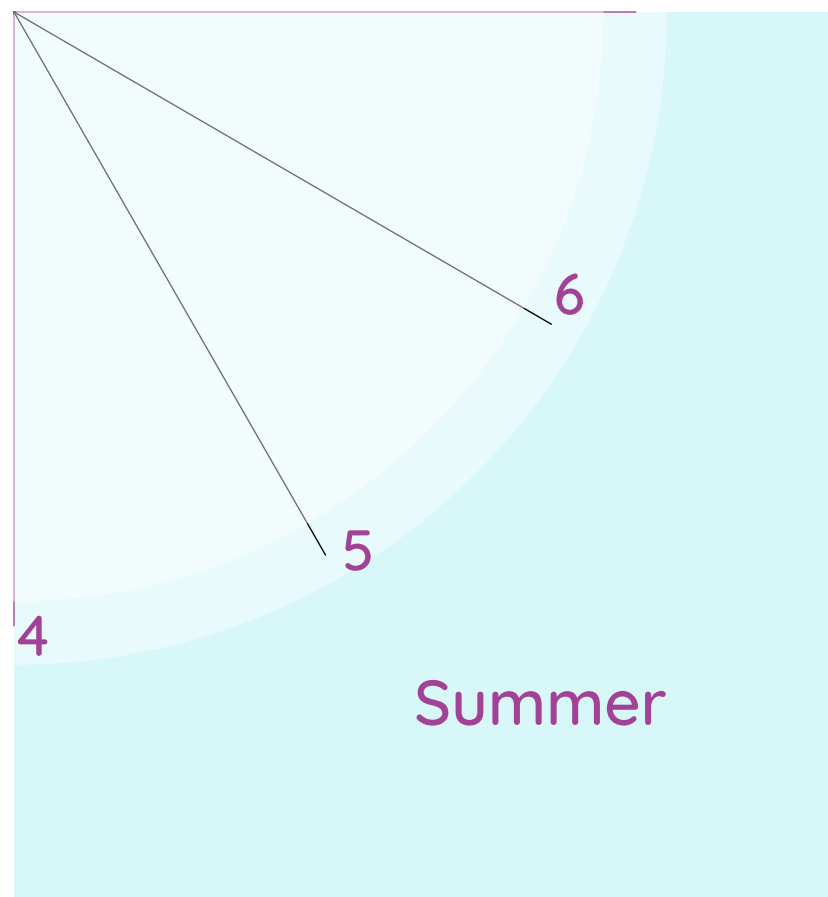
Contemplation: How can I lovingly fulfill my personal wants, needs, and desires?

Ongoing Summer Themes: Becoming

- Reverence
- Dreams
- Foundations
- Allowing
- Purpose
- Wellness

Energy is Focused: How Outward Influences Inward

Bring Awareness to: How your past is shaping your future



The Quadrant of Partnerships

House 7 Themes: House of The Companion
(Pollination, Connection)

- Partnerships
- Collaboration
- Agreements
- Disillusion
- Intimacy
- Interdependence
- Trust
- Revisions

Contemplation: Where do I feel alignment with others?

House 8 Themes: House of The Lover
(Reproductive Growth, Compassion)

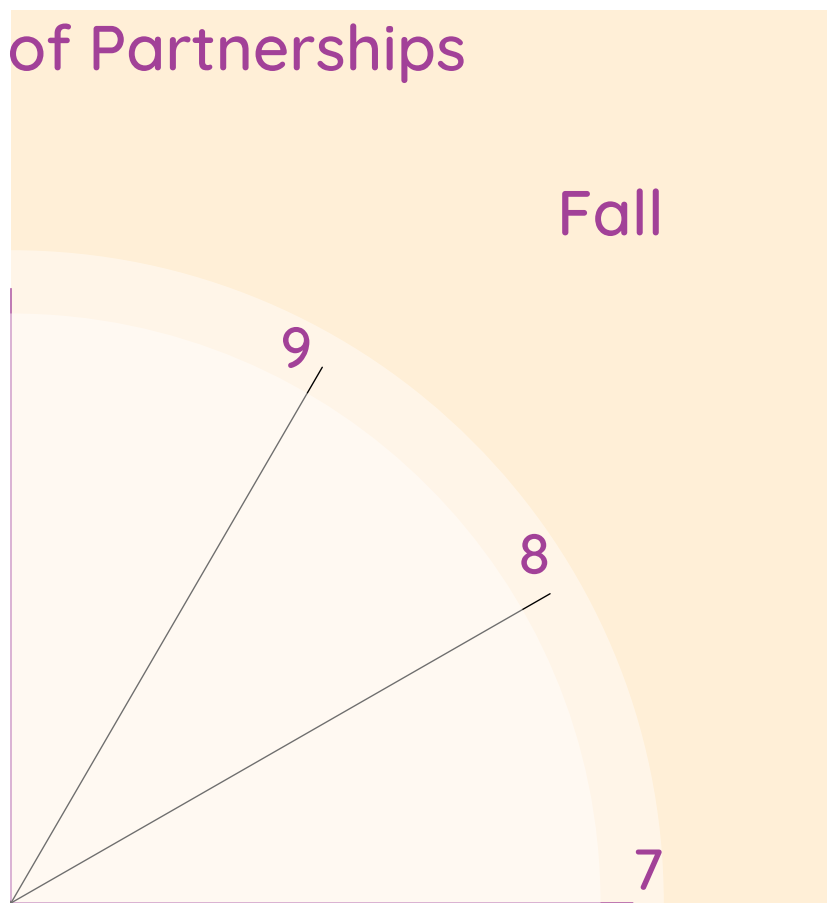
- Transformation
- Magnetism
- Mysticism
- Passion & Desires
- Ritual
- Depths of the Unknown
- Tension
- Death & Release

Contemplation: What do I need to release?

House 9 Themes: House of The Believer (Fruition, Faith)

- Expansion
- Adventure
- Exploration
- Beliefs
- Momentum
- Longevity
- Discipline
- Virtue

Contemplation: What am I rushing?



Ongoing Fall Themes: Patience

- Collaboration
- Receptivity
- Surrender
- Vulnerability
- Commitments
- Discernment

Energy is Focused: Balancing of Inward & Outward
Bring Awareness to: Impatience and resistance

The Quadrant of Community

Winter

10

11

12

House 10 Themes: House of The Provider (Harvest, Benevolence)

- Divine Masculine
- Contribution
- Ambition
- Sustainability
- Identity & Belonging
- Generosity
- Accountability
- Abundance & Prosperity

Contemplation: Where am I overgiving?

House 11 Themes: House of The Visionary (Choosing Seeds, Illumination)

- Aspirations
- Regeneration
- Manifestation
- Dreams
- Inner Knowing
- Observation
- Evolution
- Articulation

Contemplation: What am I creating?

House 12 Themes: House of The Psychic (Germination, Knowing)

- Spirituality
- Harmony
- Uncertainty
- Alchemizing Anxiety into Peace
- Miracles
- Claircognizance
- Renewal
- Faith

Contemplation: Where am I doubting my inner knowing?

Ongoing Winter Themes: Returning

- Acceptance
- Appreciation
- Satisfaction & Disappointment
- Reality
- Community
- Humanity

Energy is Focused: How Inward Influences Outward

Bring Awareness to: Your response to celebration