



Document Your Process

Soul-Aligned Strategy

1

Why is it important for me to **ALIGN MY** _____ right now?

2

How will I honor my natural flow of energy and focus to **ALIGN MY** _____?

3

What is my most meaningful course of action right now?

4

When will I know it's time to engage my touchstones to **ALIGN MY** _____ most enjoyably?

5

Where can I leverage my past experiences to **ALIGN MY** _____ more effectively?

6

Who am I becoming as I **ALIGN MY** _____?





Celebrate Your Progress

Commitment Statement

1

I affirm that **ALIGNING MY** _____ is important to me right now because (why)...

2

I commit to honoring my natural flow of energy to **ALIGN MY** _____ by (how)...

3

I declare that my most meaningful course of action right now is (what)...

4

I understand it's time to engage my touchstones to **ALIGN MY** _____ enjoyably (when)...

5

I will leverage my past experiences to **ALIGN MY** _____ more effectively (where):

6

I recognize that as I **ALIGN MY** _____, I am becoming a person (who)...