

Creativity



Document Your Insights

What ways of connecting with my creativity no longer serve my current needs?

What changes are necessary to help me develop my desired experience?

Creativity



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What am I now inspired to transform or create anew within or through my creativity?

What continues to bring me joy about how I'm currently connecting with my creativity?

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What gift was I presented with by my infinitely wise creator to help me cultivate a deeper connection with my creativity?

What wisdom was I given about how to care for and receive from this gift in the most beneficial way?

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Is there anything else I would like to remember from today's journey as I chart my course forward in pleasurable co-creation?